

BENDOC SALTWATER FISHING COMPETITION

Bermagui Saltwater Competition was held again on the 2nd and 3rd of May. A great weekend was had by all. The competition commenced at 5pm on Friday night and concluded on Saturday at 5pm. The weather started off really well however came in in rough Saturday afternoon. There were no juniors weight in but the seniors had some worthwhile results. John Moreing won the Secret Fish which was a Salmon weighing in at 1745gms. Russel Carey took our the Senior Biggest Bag with a total of 1840gms. The fishing club will be quiet for a few months resuming in September for the AGM at which activities for the next season will be discussed. New members are always welcome. Pictured Russel on the left and John on right.



CFA MEETING UP-DATE

The CFA meeting was held on the 28th of April at the Bendoc CFA Fire Shed. Members were pleasantly surprised with the number of people attending in fact it was the largest attendance in some years. Initially the caterers were terrified, however there ended up being plenty of food to go round. Three perspective new members signed up on the night and the future looks very positive for the Group. There will be two training courses held later in the year. In addition to those a training course for the new digital radios was held on Sunday the 4th of May at which trainers for this area were trained so they can train all the members for this group a date will be announced very soon for this to happen. For Information regarding the CFA locally please phone Doug Cameron or Mick Hawkins.

FIREWOOD COLLECTION INFORMATION

Autumn 2014 firewood collection season is currently open until the 30th of June 2014. Firewood collection areas are published on the Department of Environment and Primary Industries Website or from the local DEPI office in Bendoc. Firewood collection on Public land is now more affordable and straightforward for the community. Collection of firewood for domestic use from State forest (and those parks where collection is allowed) no longer requires a permit. Season and collection areas apply to safeguard our forest and parks and mitigate safety risks. Collection is only allowed in designated domestic firewood collection areas. These are clearly marked by signs. Rules apply when collecting domestic firewood. Collection areas are located where possible, to avoid sites of environmental and cultural significance and to make use of the by-products of activities such as commercial timber harvesting and road construction. Domestic firewood collection is not permitted within Vic forest advising that they are unavailable to the public.

Firewood collection is only allowed in the autumn season (1 March—30 June) and the spring season (1 September—30 November). If there is a fire danger risk before 30 November the relevant firewood collection season may be shortened.

The seasons are consistent across the state and aim to minimise risks to people, the environment and infrastructure by avoiding firewood collection during winter and during the highest fire hazard periods.

For further information about DEPI phone 136 186

For Sale

1987 GD Hino Econo Diesel Truck

323,000 kilometres

Is 160 HP 6 Speed Gearbox

Registered until 22/7/14

7 new tyres

20 foot steel tray fitted with a

20 foot 2x1 Byrne Stock Crate in as new Condition.

\$30,000 + GST

Contact David Nichol of Bendoc

On Mob 0427581452 or A/hrs 0264581452



THE LITTLE GREEN FROG IS BACK TO BENDOC!

The Little Green Frog is a mobile early childhood program which travels around to East Gippsland communities to visit local community groups. The vehicle is resourced with toys & activities for the children & resources and parenting information for adults.

The session will be operating on:

Thursday the 29th of March from the Bendoc Hall from 10.30am-1pm and will provide: opportunities to foster children's development in language, motor skills and sensory experiences. families with opportunities to come together and socialise information relevant to child health and development



LIGHT MORNING TEA AND LUNCH WILL BE PROVIDED BY THE BENDOC RESOURCE CENTRE

Come along, join in the fun and meet up with other families
NEW FAMILIES ALWAYS WELCOME!!

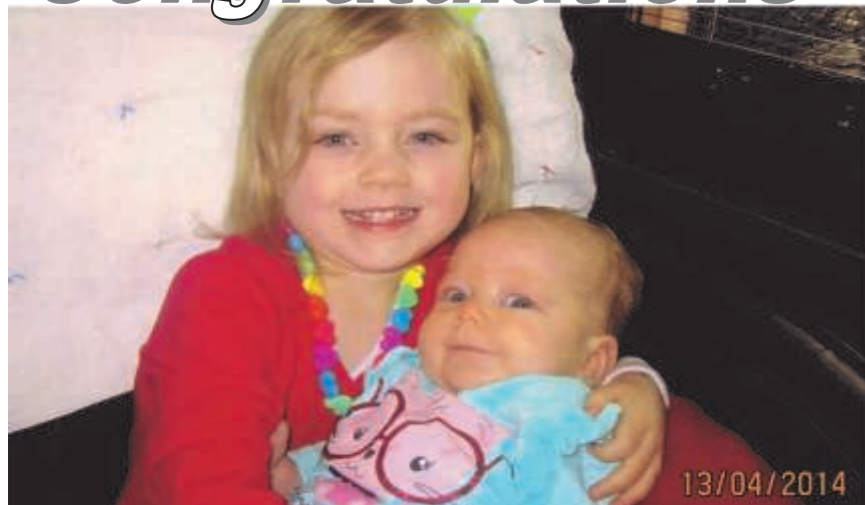
For further information about the Little Green Frog Visit to Bendoc contact

DELEGATE PRE-SCHOOL 64588 196 Mary Marrapodi
Louise Manning on 02) 6458 1402 Renee Grant on 03) 5152 9600



Bringing communities together

Congratulations



Welcome

Jay and Erica Nichol of Palmerston, Canberra, welcomed their beautiful baby girl Wynne Elise into the world on the 29th January 2014.

Wynne weighted 7 1/2 pounds. Wynne Elise is a sister for Kenzie, and the second granddaughter for David and Denise Nichol Bendoc.

Big Thank You

A big thank you this month to a very special lady who always arrives to the Centre with a smile on her face and with something funny to share to cheer those around her. Denise Nichol thank you for your cleaning service over the last couple of years at the Bendoc Resource Centre. Denise always puts in more than she is paid for and has been a solid supporter of the Bendoc Centre and will be missed. Denise now has more than enough to keep her busy and has handed her services at the Centre to Cleo Jamieson. Thank you Denise and we hope you will still call for a cuppa as you pass by.



Even a jar can be turned into something special with buttons attached in the right places. It's quite amazing that many of us just put them in the bin and don't give buttons a second thought on our clothing when we finish with them. If you have old buttons at home that you don't want anymore could you please drop them to the Centre as there are several groups that would really appreciate them. Some of the places that Rowena visits use the sessions as a form of therapy for one problem or another so you would be helping out someone in need. We have many more photo's from the Expo Day however black and white print does not do the colour or design the justice it deserves.

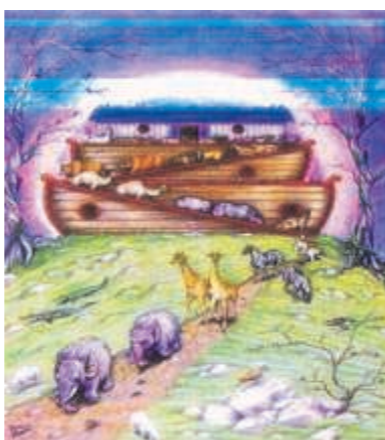


Pictured above are Evelyn Davies on the right and Claire Strickland on the left displaying one of Evelyn's many works of art. This one was very vibrant and as are many of her quilts some of which are used as wall hangings to display there full potential and allow them to be appreciated a lot more often. The ladies all had such an enjoyable day that the Expo will be included on the yearly calendar .

Words of Wisdom

Everything you need to know can be learned from Noah's Ark.

1. Don't miss the boat.
2. Remember that we are all in the same boat!
3. Plan ahead. It wasn't raining when Noah built the Ark.
4. Stay fit. When you're 60 years old, someone may ask you to do something really big.
5. Don't listen to critics, just get on with the job that needs to be done.
6. Build your future on high ground.
7. For safety's sake, travel in pairs.
8. Speed isn't always an advantage. The snails were on board with the cheetahs.
9. When you're stressed, float awhile.
10. Remember, the Ark was built by amateurs: the Titanic by professionals.
11. No matter the storm, there's always a rainbow waiting.



Thank you Claire Strickland for passing this one on to our Readers.

Kind Thoughts

Our thoughts go out to Shirley, Amy, Todd and the Jamieson Families and Friends as they remember Kirsty. It has been 6 years since her passing marked on the 13th of May. Kirsty may be gone but never forgotten all our thoughts during this time..

Royal Link

Recently while at the Bendoc Resource Centre the Royal Family came up in discussion due to the upcoming visit of Kate and Wills. It was during this discussion one of our craft Ladies spoke of her close encounter with the Royal kind. During the Royal visit by Queen Elizabeth and Prince Phillip in 1954 Kay Reed was close up and personal with the Queen. Kay is picture here (far right), the picture comes from a commemorative book that was published called The Royal Tour of Australia in Pictures. This publication was printed to celebrate the tour. Kay only received a copy of the book in recent years when a friend came across it in a second hand bookstore down near Melbourne and had remembered Kay speaking of the experience. Thanks Kay for sharing this walk down memory lane.



Above, one young man in Sale, Vic., was so set on photographing his Queen that not even the presence of stalwart, bemedalled soldiers deterred him from plunging through the entire Army Guard.

Bendoc Resource Centre Craft Expo



The ladies pictured above from the left, Githa Postma, Evelyn Davies, Sharon Buckman, Ellery Farran, Kay Reed, Rowena Harris and standing Claire Strickland. All the ladies enjoyed a home cooked lunch. Also pictured to the left Rowena display just one of the many items that can be decorated with buttons. Below left Ellery showing her finished photo frame with her own unique design.



Woodborough Quilt

There was Tess the dog
She would round me up near a log
Chooks and chickens picked about
& looks like Grandpa is a little stout

The clothes hung on the line
With Granma's knickers tied by twine
a prop from a tree
Granpa's trousers flowing in the breeze

The old tractor puffing about
Chugging, banging, missing a bale of hay

The old tank has a rotten post
Which termites love eating the most

My old FJ has seen a long road
With 8 kids, bumps, dust & a very heavy load

Old dunny has sat awhile
On the hill by the tree
Door opened to sit and look at the scenery

The very old house verandah to sit
Made of slabs and wallpaper
So old I reminisce
About long ago and wisteria
Hope I don't come down with hysteria.

Quilt with poem
Handmade by Kaye Reed

Kaye Reed 2010

Recipe Of The Month

Roast Pumpkin Soup

1 tbsp Dijon mustard

2 tbsp honey

2 kg butternut or sweet pumpkin cut into thin wedges, skin on

7 cups chicken or vegetable stock

Sea salt and cracked black pepper

Preheat the oven to 200C. Place the pumpkin in a baking dish and bake for 45-55 minutes or until soft and golden.

Scrape the pumpkin from the skin. Place the flesh in a blender in two batches with 1 cup of the stock in each batch and blend until smooth.

Place the pumpkin puree, remaining stock, mustard, honey, salt and pepper in a saucepan and simmer over medium heat for 5 minutes.

Serve in bowls topped with flavoured sour cream or shaved gruyere cheese.

Happy Birthday For May

Ellery Farran, Helen Jamieson,
Lyn Button,

Diana Bayliss-Brandenburg,
Nettie Hepburn and John Rolph

Missed Birthday's Last Month

Ellery Farran and Theo Hartmeier

Junior Jokes

Why did the man take a pencil to bed? To draw the curtains!

What's the difference between an American student and an English student? About 3000 miles!

JOKES

Two Aussies are adrift in lifeboat. While rummaging through the boat's provisions one of them finds an old lamp. He rubs the lamp and a genie suddenly appears. This genie tells them that he only grants one wish.

Without giving much thought to the matter, the lamp finder blurts out.

"Turn the entire ocean into VB!"

The genie claps his hands with a deafening crash, and immediately the entire sea turns into beer.

The Genie disappears and only the gentle lapping of beer on the hull breaks the stillness as the two men considered their circumstances.

The second Aussie turns to the first and says, "Nice going mate! Now we're going to have to pee in the boat."

The Delegate Multi Purpose Service

Visiting Staff Profile

Name: Kirsty Brownlie

Job Description: Child and Family Health Nurse

Service provided: Support and education for new parents regarding breastfeeding, sleep safety, nutrition, immunisation.

As well as growth and development checks for children up to 5 yrs old. A mums and bubs group is also held every 2nd Tuesday of each month at 10am at Bombala Hospital. Informal get together with a guest speaker about a topic relevant to parents or babies. Everyone welcome.

Appointments for Delegate MPS

Can be made with the Child and Family Health Nurse in Bombala
Phone 64585777.



Community Bill Board

Bendoc's Biggest Morning Tea

Tuesday the 13th of May **Everyone Is Invited**

For over twenty years now Australian's have been celebrating the Biggest Morning Tea each year in May, raising money for the Cancer Council . Last the local morning tea at Bendoc raised over \$180.00 for this worthy cause. So please come along to the Centre on Tuesday the 13th of May and help, everyone knows someone who has been diagnosed.

Morning Tea will be provided from 10.30am
so call in and say "hello" even if it is only for a minute.



LIBRARY VAN. The Library Van visits Bendoc on the 8th and the 27th of May 2014.

BENDOC CRAFT GROUP. The Bendoc Craft Group will return to meeting on the 2nd Tuesday of each month. The next gathering will coincide with the Biggest Morning Tea. Tuesday the 13th of May, everyone is very welcome.

BENDOC BUS The Merimbula Bus will resume running the second Friday of the month. Phone Claire on 6458 1433 or Nola on 6458 3285 for details.

For Further Information Phone Bendoc Resource Centre 64 58 1402
TUESDAY—9.30am-3pm WEDNESDAY—10am-2pm THURSDAY — 9.30am-3pm
Email.... bendocpa@bigpond.com

BENDOC WHEEL

bendocpa@bigpond.com

Githa Postma Visits Bendoc

It's always a nice surprise to have visitors to the Bendoc Resource Centre and on Tuesday the 8th of April the Centre was lucky enough to have a young lady called Githa Postma join in with the Craft Ladies. Githa who was born in the Netherlands is currently visiting Australia through a website called Helpx (the program is similar to Woofing). The program offers hosts the opportunity to have help with jobs in and around the house in exchange for food and accommodation. This has allowed Githa to travel around to beautiful remote areas and learn more about what Australia has to offer outside the major centres. Currently Githa is staying with the Minister for East Gippsland United Care Rowena Harris. Rowena has been hosting students for Helpx for sometime now and she enjoys the experience from another perspective, learning about the visitors cultures and views on life. It's been a very easy and safe way for Githa to travel around our country and exchange information about her culture and ideas. The journey up the Bonang highway and out to Bendoc was a true life experience for her as Githa explained the many differences in the Netherlands and Australia. The Netherlands is a small flat country with no rainforest or mountains, which she found breathtaking, . However it's currently springtime in the Netherlands which is one of her favourite times of the year as the tulips are out in the fields and there are so vivid and spread over the landscape. Sounds amazing.



We could not have had a better day as far as activities for Githa to visit the Centre as it was our Craft Expo and the ladies were showcasing their talents. Everyone was asked to bring along some of the craft that they enjoy and have enjoyed over the years and display it and explain how it was created. The stores behind the craft were almost as interesting as the craft itself.. Two of the ladies, Kay Reed and Evelyn Davis have been working side by side on their quilting projects for many years now and attended loads of workshops in fact had just returned from one the previous weekend before the expo day. It was really interest to see the workman ship that has gone into the quilts and the reasons why they were made and the places they have been as a part of this hobby. Kay has even written a poem to match the pictures on the quilt and had it printed on the back of the quilt. This one in particular was created to put into pictures her home, Woodborough. See poem page three. Also sharing her talents on the day Rowena conducted a button craft workshop. Ellery Farran was attending the Centre to use the computer and joined in the workshop creating a very unique picture frame to take home. Everyone really enjoyed the day and it has proven to be a productive way of deciding the types of workshops that will be on offer at the Centre this year. Rowena has offered to return for a full day of button craft and Sharon Buckman will be holding a Glass Slumping Day in conjunction with the Centre on a date yet to be announced more likely on a Saturday.

May 14



THIS ISSUE

Fishing Comp Results.. 4

Welcome

Wynne Elise .. Page 6

REGULAR FEATURES

Jokes.. Recipe.. Pg7

Birthdays.. Page 7

Community Bill Board.. Page 8

RESOURCE CENTRE

Open 3 days

Tuesday

Wednesday

Thursday

10am - 2pm